

# OCTOBER 2020 MENU

Call 610-932-5244 - Center is closed due to COVID-19

Call or email to sign up for lunch by 10am Tuesday for the ENTIRE following week.

**MENU IS SUBJECT TO CHANGE WITHOUT NOTICE - MUST PICKUP**

MON	TUE	WED	THU	FRI
CCDAS Food Vendor  	<b>SENIORS 60 &amp; ABOVE</b> A voluntary confidential requested \$2.00 donation <b>INDIVIDUALS UNDER 60</b> \$4.52		1. Box Lunch Buffet Ham & Cheese Wheat Bread Lettuce & Tomatoes Potato Salad Pineapples Mustard	2. Tilapia Parslied Noodles Stewed Tomatoes Dinner Roll Margarine Banana
5. Cheeseburger Sweet Potato Fries Baked Beans Fresh Orange Ketchup	6. Box Lunch Tuna Salad Cup Bun Tomato & Cucumber Salad Apple Juice Oatmeal Cookie	7. Roast Turkey Gravy Winter Blend Vegetables Stuffing Applesauce Roll, Margarine	8. Box Lunch Roast Beef & Provolone Kaiser Roll Horseradish Sauce Potato Salad Fresh Peach	9. Meatball Sub Romano Blend Vegetables Club Roll Pears
12. Crab Cake w/ bun Oven Roasted Potatoes Mixed Vegetables Applesauce Tartar Sauce	13. Box Lunch Buffet Ham & Swiss Rye Bread Diced Tomato Salad Pineapples Mustard	14. Salisbury Steak Gravy Mashed Potatoes California Blend Vegetables Wheat Bread Margarine Fresh Orange	15. Box Lunch Grilled Chicken Bun Lettuce & Tomato Chopped Broccoli Salad Sugar Cookies Mayo Pc	16. Chicken Marsala Ove Roasted Potatoes Green Beans Banana
19. Sausage, Onions & Peppers on Club Roll Romano Blend Vegetables Oatmeal Raisin Cookies	20. Box Lunch Turkey Ham & Cheese Wheat Bread Lettuce & Tomato Black Bean & Corn Salad 100% Mixed Fruit Juice Mustard	21. Oven Roasted Chicken Brown Rice Winter Blend Vegetables Orange Juice Roll Margarine	22. Box Lunch Chicken Salad Cup Croissant Lettuce & Tomato 3 Bean Salad Fresh Peach	23. Swedish Meatballs Noodles Baby Carrots Wheat Bread Margarine Mandarin Oranges
26. Meatloaf Brown Gravy Mashed Potatoes Green Beans & Tomatoes WG Dinner Roll Margarine Applesauce	27. Box Lunch Roast Turkey & Swiss on Rye 1000 Island Dressing Cole Slaw Grape Juice	28. Chicken Cacciatore Tuscan Blend Vegetables Penne Pasta Margarine Tropical Fruit	29. Box Lunch Buffet Ham & Cheese on Wheat Lettuce & Tomato Potato Salad Pineapples Mustard	30. Country Fried Steak Mashed Potatoes Broccoli Fresh Orange

Call 610-932-5244 or email [jdmcleod@oxfordseniors.org](mailto:jdmcleod@oxfordseniors.org) to order meals.  
 You can also order meals for the next week when picking up your meals.  
 Pickup is every Tuesday and Thursday from 10am-12pm

Senior Center membership is not required for those 60 and older to participate in the lunch program. Chester County residents 60 and older are invited to enjoy the meals from the box lunch/frozen meal program. There is no cost for the meal but you must reserve your meal by 10am Tuesday for the ENTIRE following week of meal service. A voluntary confidential contribution of \$2.00 is appreciated toward the cost of the meal but is not required. Envelopes will be available when picking up meals on Tuesday and Thursdays.  
*The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.*